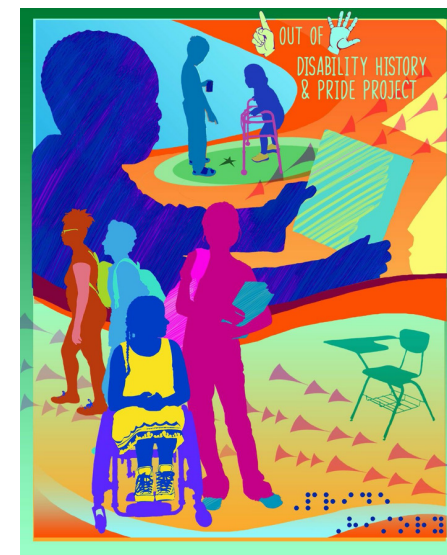


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## Book Resource Guide

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Below is a list of eighty-five fiction, nonfiction, anthologies, poetry, and more books compiled from [Diverse Book Finder](#), [The Schneider Family Book Awards](#), [Disability in KidLit](#), [Ramp Your Voice!](#), [Disability Visibility Project](#), [Undoing Ableism](#), and recommendations from the Office of the Education Ombuds. There are a variety of picture books, chapter books, memoirs, anthologies, and novels listed for a range of reading levels and interests, organized by grade level. Media resources including blogs, podcasts, and videos are provided separately at the end of each lesson plan.

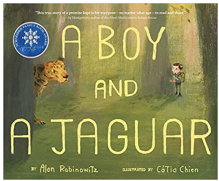
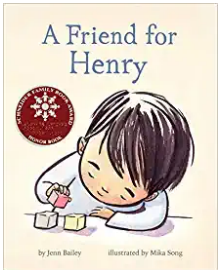
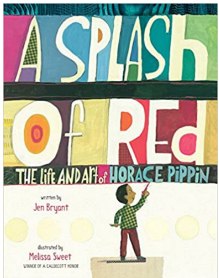


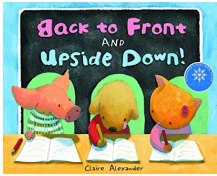

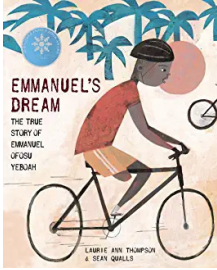

\*Asterisk notes when the author disclosed that they have a disability; these books should be prioritized when teaching about disability. The majority of the authors on this list who do not have disclosed disabilities have children and/or family members with disabilities. Additional authors are associated with the disability community in other ways.

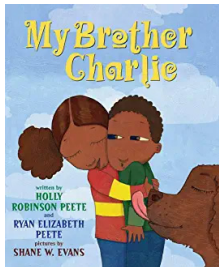

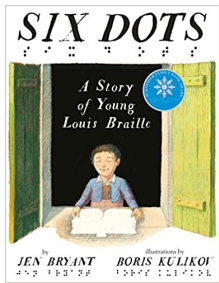
While the books are organized by grade level recommendations, many cross over and between elementary, teen, young adult and teacher learning.

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# Grades K-4

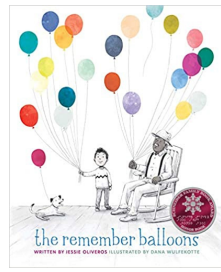
Title Author (Year)	Cover	Summary and Connections
<p><i>A Boy and a Jaguar</i></p> <p>Alan Rabinowitz* and Catia Chien (2014)</p>		<p><b>Book type:</b> Picture book  <b>Disability:</b> Speech impairment  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Rabinowitz is a wildlife conservationist and spokesperson for the Stuttering Foundation of America. When he was a boy, he discovered that, despite severe speech challenges, he had a gift for communicating with animals. The book charts his story through college and his travels to the jungles of Belize.</p>
<p><i>A Friend for Henry</i></p> <p>Jenn Bailey and Mika Song (2019)</p>		<p><b>Book type:</b> Picture book  <b>Disability:</b> Autism  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>In Classroom Six, second left down the hall, Henry has been on the lookout for a friend. A friend who shares. A friend who listens. Maybe even a friend who likes things to stay the same and all in order, as Henry does. But on a day full of too close and too loud, when nothing seems to go right, will Henry ever find a friend—or will a friend find him? With insight and warmth, this heartfelt story from the perspective of an Autistic boy celebrates the everyday magic of friendship.</p>
<p><i>A Splash of Red</i></p> <p>Jen Bryant and Melissa Sweet (2013)</p>		<p><b>Book type:</b> Picture book  <b>Disability:</b> Physical disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Disability History in USA, Allyship/Solidarity</p> <p>Born in Pennsylvania in 1888, Horace Pippin loved to draw and paint as a child. Later wounded as a soldier in WWI, he never regained full use of his right arm. Back home, Pippin began painting again, using his left arm to guide his right. Painting subjects drawn mainly from observation, memory, family stories, and the Bible, this self-taught African American artist is an important figure in American history.</p>

<p><i>Back to Front and Upside Down</i></p> <p>Claire Alexander (2012)</p>		<p><b>Book type:</b> Picture book  <b>Disability:</b> Learning disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>It's the principal Mr. Slipper's birthday, and while the rest of the class gets busy writing cards for the occasion, Stan becomes frustrated when his letters come out all in a muddle. Stan is afraid to ask for help, until a friend assures him that nobody's good at everything. And after lots and lots of practice, Stan's letters come out the right way round and the right way up.</p>
<p><i>Cinderella's Magical Wheelchair</i></p> <p>Jewel Kats* and Richa Kinra (2011)</p>		<p><b>Book type:</b> Picture book  <b>Disability:</b> Physical disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>It's the principal Mr. Slipper's birthday, and while the rest of the class gets busy writing cards for the occasion, Stan becomes frustrated when his letters come out all in a muddle. Stan is afraid to ask for help, until a friend assures him that nobody's good at everything. And after lots and lots of practice, Stan's letters come out the right way round and the right way up.</p>
<p><i>Emmanuel's Dream: The True Story of Emmanuel Ofosu Yeboah</i></p> <p>Laurie Ann Thompson and Sean Qualls (2015)</p>		<p><b>Book type:</b> Picture book  <b>Disability:</b> Physical disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Born in Ghana with a physical disability, Emmanuel Ofosu Yeboah experienced stigma as a result of his disability. Yeboah worked with Ghanaian legislation to uphold equal rights for people with disabilities</p>
<p><i>Just Ask!</i></p> <p>Sonia Sotomayor* and Rafael Lopez (2019)</p>		<p><b>Book type:</b> Picture book  <b>Disability:</b> Diabetes  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>In Just Ask, United States Supreme Court Justice Sonia Sotomayor celebrates the different abilities kids (and people of all ages) have. Using her own experience as a child who was diagnosed with diabetes, Justice Sotomayor writes about children with all sorts of challenges—and looks at the special powers those kids have as well. As the kids work together to build a community garden, asking questions of each other along the way, this book encourages readers to do the same: When we come across</p>

		someone who is different from us but we're not sure why, all we have to do is Just Ask.
<p><i>My Brother Charlie</i></p> <p>Ryan Elizabeth Peete, Holly Robinson Peete, and Shane Evans (2016)</p>		<p><b>Book type:</b> Picture book  <b>Disability:</b> Autism  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Twins Callie and Charlie have a lot in common, but they are also very different: Charlie is Autistic and Callie is not. Callie narrates the story, describing what Autism is and exploring the world with her brother.</p>
<p><i>Rescue and Jessica: A Life Changing Friendship</i></p> <p>Jessica Kensky*, Patrick Downes*, and Scott Magoon (2018)</p>		<p><b>Book type:</b> Picture book  <b>Disability:</b> Physical disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Based on a real-life partnership, the heartening story of the love and teamwork between a girl and her service dog will illuminate and inspire. Rescue thought he'd grow up to be a Seeing Eye dog — it's the family business, after all. When he gets the news that he's better suited to being a service dog, he's worried that he's not up to the task. Then he meets Jessica, a girl whose life is turning out differently than the way she'd imagined it, too. Now Jessica needs Rescue by her side to help her accomplish everyday tasks. And it turns out that Rescue can help Jessica see after all: a way forward, together, one step at a time. An endnote from the authors tells more about the training and extraordinary abilities of service dogs, particularly their real-life best friend and black lab, Rescue.</p>
<p><i>Six Dots: A Story of Young Louis Braille</i></p> <p>Jen Bryant and Boris Kulikov (2016)</p>		<p><b>Book type:</b> Picture book  <b>Disability:</b> Blindness  <b>Connections to OO5 lessons:</b> Intro to Disability, Disability History in USA,, Allyship/Solidarity</p> <p>This picture book biography of Louis Braille (1809–59) highlights Braille's determination to pursue an education. Readers will learn how he attended the Royal School in Paris and was frustrated by the lack of books for the blind, an obstacle that set him off on a long quest to invent an accessible reading system. Braille ultimately found success by simplifying a military coding technique that had earlier been introduced but was far too complex.</p>

*The  
Remember  
Balloons*

Jessie  
Oliveros and  
Dana  
Wulfekotte  
(2018)



**Book type:** Picture book


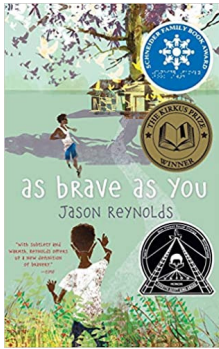
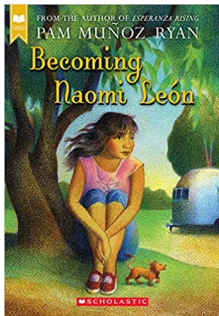
**Disability:** Alzheimer's, Dementia

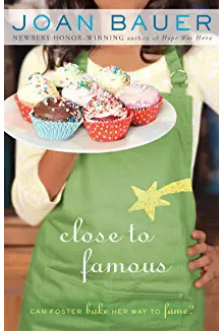

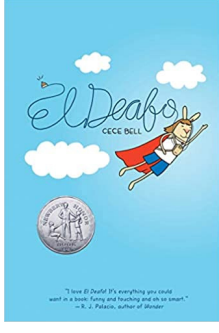
**Connections to OO5 lessons:** Intro to Disability, Intersectionality, Allyship/Solidarity

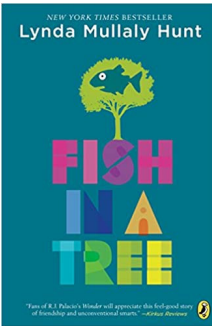

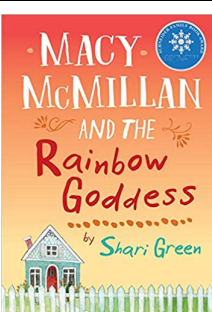

What's Happening to Grandpa meets Up in this tender, sensitive picture book that gently explains the memory loss associated with aging and diseases such as Alzheimer's. James's Grandpa has the best balloons because he has the best memories. He has balloons showing Dad when he was young and Grandma when they were married. Grandpa has balloons about camping and Aunt Nelle's poor cow. Grandpa also has a silver balloon filled with the memory of a fishing trip he and James took together.



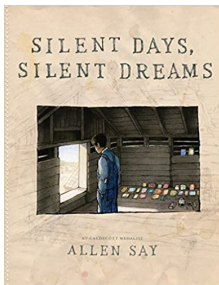
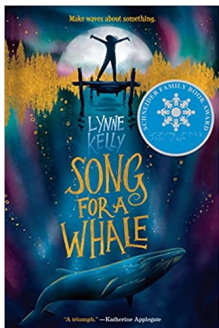

## Grades 4-7

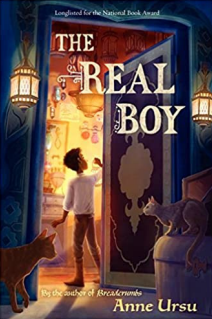
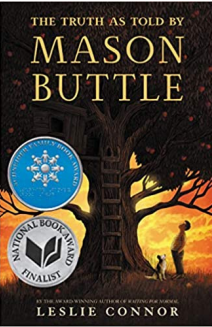
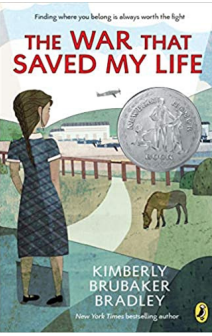
<b>Title Author (Year)</b>	<b>Cover</b>	<b>Summary and Connections</b>
<p><i>A Dog Called Homeless</i></p> <p>Sarah Lean (2014)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Selective mutism  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>When Cally Fisher says she sees her dead mother, no one believes her. So Cally stops talking—what's the point if no one is listening? The only other living soul who sees Cally's mom is a mysterious wolfhound who always seems to be there when her mom appears. But without a voice, how will Cally convince anyone that her mom is still with them and that the huge silver-gray dog is their last link with her?</p>
<p><i>As Brave As You</i></p> <p>Jason Reynolds (2017)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Blindness  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Genie's summer is full of surprises. The first is that he and his big brother, Ernie, are leaving Brooklyn for the very first time to spend the summer with their grandparents all the way in Virginia—in the COUNTRY! The second surprise comes when Genie figures out that their grandfather is blind. Thunderstruck and—being a curious kid—Genie peppers Grandpop with questions about how he covers it so well (besides wearing way cool Ray-Bans).</p>
<p><i>Becoming Naomi Leon</i></p> <p>Pam Munoz Ryan (2005)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Physical disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Naomi Soledad Leon Outlaw has had a lot to contend with in her young life, her name for one. Then there are her clothes (sewn in polyester by Gram), her difficulty speaking up, and her status at school as "nobody special." But according to Gram, most problems can be overcome with positive thinking. And with Gram and her little brother, Owen, Naomi's life at Avocado Acres Trailer Rancho in California is happy and peaceful...until their mother reappears after seven years of being gone, stirring up all sorts of questions and challenging Naomi to discover and proclaim who she really is.</p>


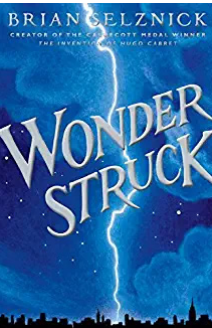
<p><i>Close to Famous</i></p> <p>Joan Bauer (2012)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Learning disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>When twelve-year-old Foster and her mother land in the tiny town of Culpepper, they don't know what to expect. But folks quickly warm to the woman with the great voice and the girl who can bake like nobody's business. Soon Foster - who dreams of having her own cooking show one day - lands herself a gig baking for the local coffee shop, and gets herself some much-needed help in overcoming her biggest challenge - learning to read . . . just as Foster and Mama start to feel at ease, their past catches up to them. Thanks to the folks in Culpepper, though Foster and her mama find the strength to put their troubles behind them for good.</p>
<p><i>Each Tiny Spark</i></p> <p>Pablo Cartaya (2020)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> OCD, PTSD  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Emilia Torres has a wandering mind. It's hard for her to follow along at school, and sometimes she forgets to do what her mom or abuela asks. But she remembers what matters: a time when her family was whole and home made sense. When Dad returns from deployment, Emilia expects that her life will get back to normal. Instead, it unravels. Dad shuts himself in the back stall of their family's auto shop to work on an old car. Emilia peeks in on him daily, mesmerized by his welder. One day, Dad calls Emilia over. Then, he teaches her how to weld. And over time, flickers of her old dad reappear.</p>
<p><i>El Deafo</i></p> <p>Cece Bell* (2014)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Deafness  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Going to school and making new friends can be tough. But going to school and making new friends while wearing a bulky hearing aid strapped to your chest? The Phonic Ear gives Cece the ability to hear—sometimes things she shouldn't—but also isolates her from her classmates. She really just wants to fit in and find a true friend, someone who appreciates her as she is. After some trouble, she is finally able to harness the power of the Phonic Ear and become “El Deafo, Listener for All.” And more importantly, declare a place for herself in the world and find the friend she’s longed for.</p>

<p><i>Fish in a Tree</i></p> <p>Lynda Mulally Hunt* (2017)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Dyslexia  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Ally has been smart enough to fool a lot of smart people. Every time she lands in a new school, she is able to hide her inability to read by creating clever yet disruptive distractions. However, her newest teacher Mr. Daniels sees the bright, creative kid underneath the trouble maker. With his help, Ally learns not to be so hard on herself and that dyslexia is nothing to be ashamed of. As her confidence grows, Ally feels free to be herself and the world starts opening up with possibilities.</p>
<p><i>Kid President's Guide to Being Awesome</i></p> <p>Robby Novak* and Brad Montague (2016)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Osteogenesis Imperfecta  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>In his Guide to Being Awesome, Kid President pulls together lists of awesome ideas to help the world, awesome interviews with his awesome celebrity friends (like Beyoncé, Michelle Obama, and Jeff Foxworthy!), more than 100 tips to make the world a better place, and a step-by-step guide to make pretty much everything a little bit awesomer. Grab a corndog and settle into your favorite comfy chair. Pretend it's your birthday! (In fact, treat everyone like it's THEIR birthday!)</p>
<p><i>Macy McMillan and the Rainbow Goddess</i></p> <p>Shari Green (2017)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Deafness  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Through an intergenerational relationship with her neighbor, Iris, Macy learns to navigate friendships, family changes and school assignments. Iris learns to communicate with Macy through sign language, and Macy learns how Iris sends messages through the gift of cookies.</p>
<p><i>Rain Reign</i></p> <p>Ann M. Martin (2014)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Autism  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Rose Howard is obsessed with homonyms. She's thrilled that her own name is a homonym, and she purposely gave her dog Rain a name with two homonyms (Reign, Rein), which, according to Rose's rules of homonyms, is very special. Not everyone understands Rose's obsessions, her rules, and the other things that make her different. When a storm hits their rural town, rivers overflow, the roads are flooded, and Rain goes missing. Now Rose has to find her dog, even if it means leaving her routines and</p>

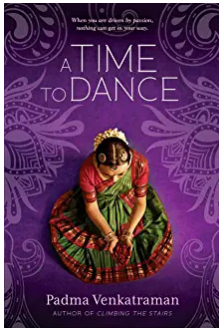
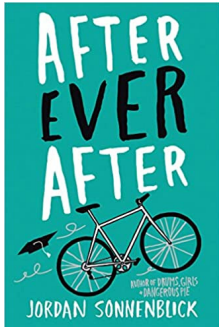
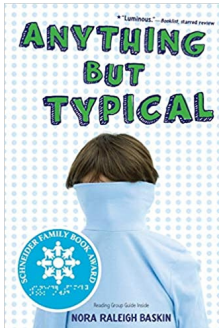


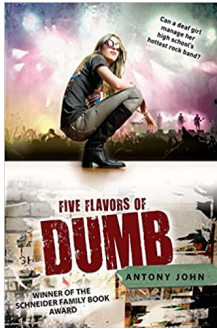
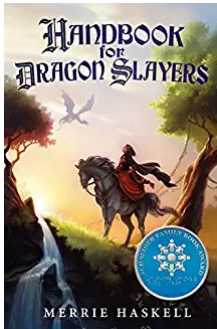

		safe places to search.
<p><i>Silent Days, Silent Dreams</i></p> <p>Allen Say (2017)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Deafness, Autism, Dyslexia  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>An imagined biography about James Castle, who was born Deaf, Autistic, and dyslexic, and was abused and bullied for his inability to speak or read. He was discouraged from creating art by his parents and principal, yet still created a huge and compelling body of work.</p>
<p><i>Song for a Whale</i></p> <p>Lynne Kelly (2019)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Deafness  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>From fixing the class computer to repairing old radios, twelve-year-old Iris is a tech genius. But she's the only Deaf person in her school, so people often treat her like she's not very smart. If you've ever felt like no one was listening to you, then you know how hard that can be. When she learns about Blue 55, a real whale who is unable to speak to other whales, Iris understands how he must feel. Then she has an idea: she should invent a way to "sing" to him! But he's three thousand miles away. How will she play her song for him? Full of heart and poignancy, this affecting story by sign language interpreter Lynne Kelly shows how a little determination can make big waves.</p>
<p><i>The Collectors</i></p> <p>Jacqueline West (2019)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Deafness  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Van has always been an outsider. He's hard of hearing, collects trinkets, and lives with his single mother—an opera singer with a huge personality. Then one day, Van notices a girl stealing pennies from a fountain, and everything changes. He follows the girl, Pebble, and uncovers an underground society full of wishes and the people who collect them. Not all wishes are good and even good wishes often have unintended consequences, and the Collectors have made it their duty to protect us. But they aren't the only ones who have their eyes on the world's wishes—and they may not be the good guys, after all.</p>

<p><i>The Real Boy</i></p> <p>Anne Ursu and Erin McGuire (2015)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Autism  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>On an island on the edge of an immense sea there is a city, a forest, and a boy named Oscar. Oscar is a shop boy for the most powerful magician in the village, and spends his days in a small room in the dark cellar of his master's shop grinding herbs and dreaming of the wizards who once lived on the island generations ago. Oscar's world is small, but he likes it that way. The real world is vast, strange, and unpredictable. And Oscar does not quite fit in it. But now that world is changing. Children in the city are falling ill, and something sinister lurks in the forest. Oscar has long been content to stay in his small room in the cellar, comforted in the knowledge that the magic that flows from the forest will keep his island safe. Now even magic may not be enough to save it.</p>
<p><i>The Truth as Told by Mason Buttle</i></p> <p>Leslie Connor (2020)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Learning disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Mason Buttle is the biggest, sweatiest kid in his grade, and everyone knows he can barely read or write. Mason's learning disabilities are compounded by grief. Fifteen months ago, Mason's best friend, Benny Kilmartin, turned up dead in the Buttle family's orchard. An investigation drags on, and Mason, honest as the day is long, can't understand why Lieutenant Baird won't believe the story Mason has told about that day. Both Mason and his new friend, tiny Calvin Chumsky, are relentlessly bullied by the other boys in their neighborhood, so they create an underground haven for themselves. When Calvin goes missing, Mason finds himself in trouble again. He's desperate to figure out what happened to Calvin and, eventually, Benny. But will anyone believe him?</p>
<p><i>The War that Saved My Life</i></p> <p>Kimberly Brubaker Bradley (2016)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Physical disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Disability History in USA, Allyship/Solidarity</p> <p>Ten-year-old Ada has never left her one-room apartment. Her mother is too humiliated by Ada's twisted foot to let her outside. So when her little brother is shipped out of London to escape the war, Ada doesn't waste a minute—she sneaks out to join him. So begins a new adventure for Ada, and for Susan Smith, the woman who is forced to take the two kids in. As Ada teaches herself to ride a pony, learns to read, and watches for German spies, she begins to trust Susan.</p>

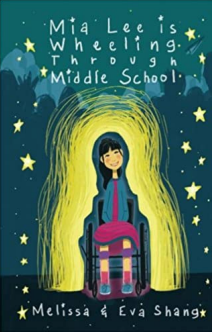
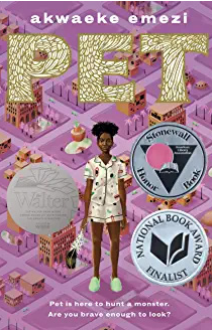

<p><i>Ugly</i></p> <p>Robert Hoge* (2017)</p>		<p><b>Book type:</b> Memoir  <b>Disability:</b> Physical disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>When Robert Hoge was born, he had a tumor the size of a tennis ball in the middle of his face and short, twisted legs. Surgeons removed the tumor and made him a new nose from one of his toes. Strangers stared at him, kids called him names, and adults could be cruel in their own ways. Everybody seemed to agree that Robert was "ugly." But Robert refused to let his face dictate his entire life. Then, when Robert came face to face with the biggest decision of his life, he followed his heart. This poignant memoir about overcoming bullying and thriving with disabilities shows that what makes us "ugly" also makes us who we are.</p>
<p><i>Wonderstruck</i></p> <p>Brian Selznick (2011)</p>		<p><b>Book type:</b> Chapter book  <b>Disability:</b> Deafness  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Ben and Rose secretly wish their lives were different. Ben longs for the father he has never known. Rose dreams of a mysterious actress whose life she chronicles in a scrapbook. When Ben discovers a puzzling clue in his mother's room and Rose reads an enticing headline in the newspaper, both children set out alone on desperate quests to find what they are missing.</p>

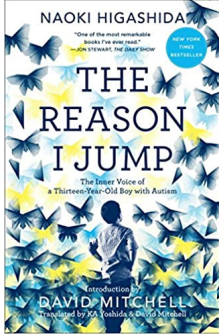


## Grades 7-9

Title Author (Year)	Cover	Summary and Connections
<p><i>A Time to Dance</i></p> <p>Padma Venkatraman* (2015)</p>		<p><b>Book type:</b> YA Fiction  <b>Disability:</b> Physical disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Veda, a classical dance prodigy in India, lives and breathes dance—so when an accident leaves her a below-knee amputee, her dreams are shattered. For a girl who’s grown used to receiving applause for her dance prowess and flexibility, adjusting to a prosthetic leg is painful and humbling. But Veda refuses to let her disability rob her of her dreams, and she starts all over again, taking beginner classes with the youngest dancers. Then Veda meets Govinda, a young man who approaches dance as a spiritual pursuit.</p>
<p><i>After Ever After</i></p> <p>Jordan Sonnenblick (2014)</p>		<p><b>Book type:</b> YA Fiction  <b>Disability:</b> Cancer  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Jeffrey isn't a little boy with cancer anymore--he's a teen in remission, but the aftereffects of treatment have left him somewhat disabled; his older brother, Steven, who had always been his support and someone he looked to for advice, took off for Africa to find himself--meanwhile, his best friend Tad is hatching a plan that involves a California girl who thinks he's cute.</p>
<p><i>Anything But Typical</i></p> <p>Nora Raleigh Baskin (2010)</p>		<p><b>Book type:</b> YA Fiction  <b>Disability:</b> Autism  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Jason Blake is an Autistic 12-year-old living in a neurotypical world. Most days it's just a matter of time before something goes wrong. But Jason finds a glimmer of understanding when he comes across PhoenixBird, who posts stories to the same online site as he does. Jason can be himself when he writes and he thinks that PhoenixBird could be his first real friend.</p>

<p><i>Five Flavors of Dumb</i></p> <p>Antony John (2011)</p>		<p><b>Book type:</b> YA Fiction  <b>Disability:</b> Deafness  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Piper is a seventeen-year-old high school senior, and she's just been challenged to get her school's super-popular rock band, Dumb, a paying gig. The catch? Piper is Deaf. Can she manage a band with five wildly different musicians, nurture a budding romance, and discover her own inner rock star, though she can't hear Dumb's music?</p>
<p><i>Handbook for Dragon Slayers</i></p> <p>Merrie Haskell (2013)</p>		<p><b>Book type:</b> YA Fiction  <b>Disability:</b> Physical disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Political upheaval sends Princess Tilda fleeing from her kingdom in the company of two hopeful dragon slayers. The princess never had any interest in chasing dragons. The pain from her foot was too great, and her dream was to write a book. But the princess finds herself making friends with magical horses, facing the Wild Hunt, and pointing a sword at fire-breathing dragons. While doing things she never imagined, Tilda finds qualities in herself she never knew she possessed.</p>
<p><i>Marcelo in the Real World</i></p> <p>Francisco X. Stork* (2011)</p>		<p><b>Book type:</b> YA Fiction  <b>Disability:</b> Autism  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Marcelo Sandoval hears music that nobody else can hear — part of an Autism-like condition that no doctor has been able to identify. But his father has never fully believed in the music or Marcelo's differences, and he challenges Marcelo to work in the mailroom of his law firm for the summer . . . to join "the real world." There Marcelo meets Jasmine, his beautiful and surprising coworker, and Wendell, the son of another partner in the firm. He learns about competition and jealousy, anger and desire. But it's a picture he finds in a file a picture of a girl with half a face that truly connects him with the real world: its suffering, its injustice, and what he can do to fight.</p>



<p><i>Mia Lee is Wheeling Through Middle School</i></p> <p>Melissa* and Eva Shang (2016)</p>		<p><b>Book type:</b> YA Fiction  <b>Disability:</b> Physical disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Mia Lee is a stop-motion filmmaker with a wheelchair and a lot of sass, trying to survive her new middle school. Which doesn't seem so easy when she's running for Video Production Club President against certified Middle School Mean Girl, Angela Vanover. Things get weird when Angela starts being nice to her - well, when other people are around, at least. But when Mia's campaign posters for VP Club President mysteriously vanish - no tape, no poster, no nothin' - the presidential race gets real. With the help of her brain files, an awesome aide with keys to the whole school, and her friends, Rory, Daniela, and Caroline, Mia finds herself on a mission to prove Angela isn't just an ordinary middle school mean girl, she's a thief!</p>
<p><i>Pet</i></p> <p>Akwaeke Emezi (2019)</p>		<p><b>Book type:</b> YA Fiction  <b>Disability:</b> Selective mutism, sensory disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>There are no monsters anymore, or so the children in the city of Lucille are taught. Jam and her best friend, Redemption, have grown up with this lesson all their life. But when Jam meets Pet, a creature made of horns and colors and claws, who emerges from one of her mother's paintings and a drop of Jam's blood, she must reconsider what she's been told. Pet has come to hunt a monster, and the shadow of something grim lurks in Redemption's house. Jam must fight not only to protect her best friend, but also to uncover the truth, and the answer to the question--How do you save the world from monsters if no one will admit they exist?</p>
<p><i>Somebody Please Tell Me Who I Am</i></p> <p>Harry Mazer and Peter Lerangis (2013)</p>		<p><b>Book type:</b> YA Fiction  <b>Disability:</b> Traumatic Brain Injury  <b>Connections to OO5 lessons:</b> Intro to Disability, Allyship/Solidarity</p> <p>Ben lives a charmed life—effortlessly landing the lead in the high school musical, dating the prettiest girl in school. When he decides to enlist in the army after 9/11, no one thinks he'll be in real danger. But his decision has devastating consequences: His convoy gets caught in an explosion, and Ben ends up in a coma for two months. When he wakes up, he doesn't know where he is—or remember anything about his old life. His family and friends mourn what they see as a loss, but Ben perseveres.</p>

<p><i>The Reason I Jump</i></p> <p>Naoki Higashida* (2016)</p>		<p><b>Book type:</b> Memoir  <b>Disability:</b> Autism  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Using an alphabet grid to painstakingly construct words, sentences, and thoughts that he is unable to speak out loud, author Naoki answers even the most delicate questions that people want to know. Questions such as: “Why do people with Autism talk so loudly and weirdly?” “Why do you line up your toy cars and blocks?” “Why don’t you make eye contact when you’re talking?” and “What’s the reason you jump?” (Naoki’s answer: “When I’m jumping, it’s as if my feelings are going upward to the sky.”) With disarming honesty and a generous heart, Naoki shares his unique point of view on not only Autism but life itself. His insights—into the mystery of words, the wonders of laughter, and the elusiveness of memory—are so startling, so strange, and so powerful that you will never look at the world the same way again.</p>
<p><i>The Running Dream</i></p> <p>Wendelin Van Draanen (2012)</p>		<p><b>Book type:</b> YA Fiction  <b>Disability:</b> Physical Disability  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Jessica thinks her life is over when she loses a leg in a car accident. She’s not comforted by the news that she’ll be able to walk with the help of a prosthetic leg. As she struggles to cope, Jessica feels that she’s both in the spotlight and invisible. People who don’t know what to say act like she’s not there. Jessica’s embarrassed to realize that she’s done the same to a girl with cerebral palsy named Rosa. A girl who is going to tutor her through all the math she’s missed. A girl who sees right into the heart of her.</p>
<p><i>Unbroken: 13 Stories Starring Disabled Teens</i></p> <p>Marieke Nijkamp* (2018)</p>		<p><b>Book type:</b> Anthology  <b>Disability:</b> Multiple Disabilities  <b>Connections to OO5 lessons:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>This anthology explores disability in fictional tales told from the viewpoint of disabled characters, written by disabled creators. With stories in various genres about first loves, friendship, war, travel, and more, Unbroken will offer today’s teen readers a glimpse into the lives of disabled people in the past, present, and future. The contributing authors are award winners, bestsellers, and newcomers including Kody Keplinger, Kristine Wyllys, Francisco X. Stork, William Alexander, Corinne Duyvis, Marieke Nijkamp, Dhonielle Clayton, Heidi Heilig, Katherine Locke, Karuna Riazi, Kayla Whaley, Keah Brown, and Fox Benwell. Each author identifies as disabled along a physical, mental, or neurodiverse axis—and their characters reflect this diversity.</p>

*We Should  
Hang Out  
Sometime:  
Embarrassingly,  
a true story*

Josh  
Sundquist\*  
(2016)



**Book type:** Memoir

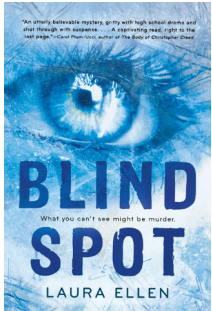

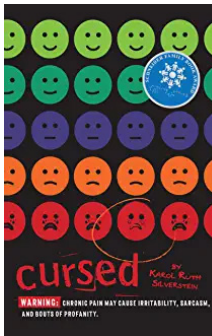
**Disability:** Physical disability

**Connections to OO5 lessons:** Intro to Disability, Allyship/Solidarity

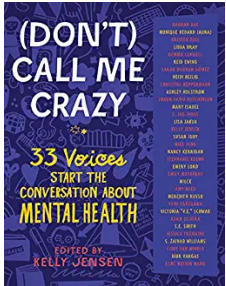

From Paralympic ski racer and YouTube star, Josh Sundquist, comes an always-funny (and sometimes-awkward) memoir about teenage misadventures. When I was twenty-five years old, it came to my attention that I had never had a girlfriend. At the time, I was actually under the impression that I was in a relationship, so this bit of news came as something of a shock. Why was Josh still single? To find out, he tracked down each of the girls he had tried to date since middle school and asked them straight up: What went wrong? The results of Josh's semi-scientific investigation are in your hands. From a disastrous Putt-Putt date involving a backward prosthetic foot, to his introduction to CFD (Close Fast Dancing), and a misguided "grand gesture" at a Miss America pageant, this story is about looking for love--or at least a girlfriend--in all the wrong places.

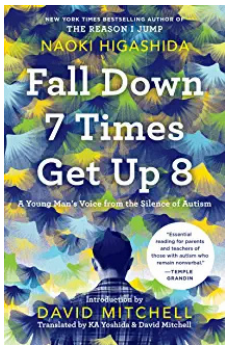
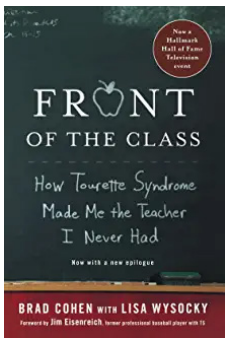
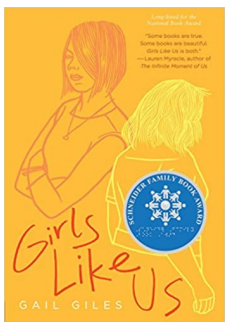
## Grades 9-12

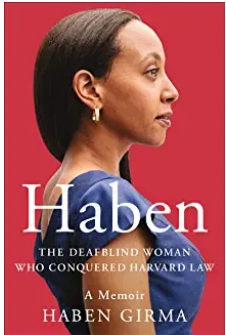
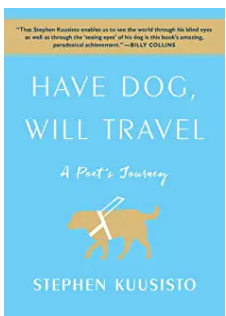
<b>Title Author (Year)</b>	<b>Cover</b>	<b>Summary and Connections</b>
<p><i>Anger is a Gift</i></p> <p>Mark Oshiro* (2018)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Mental Illness  <b>Connections to OO5:</b> Intro to disability, Intersectionality,</p> <p>Moss Jeffries is many things—considerate student, devoted son, loyal friend and affectionate boyfriend, enthusiastic nerd. But sometimes Moss still wishes he could be someone else—someone without panic attacks, someone whose father was still alive, someone who hadn't become a rallying point for a community because of one horrible night. Moss can't even escape at school—he and his friends are subject to the lack of funds and crumbling infrastructure at West Oakland High, as well as constant intimidation by the resource officer stationed in their halls. That was even before the new</p>
<p><i>Black Kripple Delivers Poetry and Lyrics</i></p> <p>Leroy F. Moore Jr.* (2015)</p>		<p><b>Book Type:</b> Poem anthology  <b>Disability:</b> Physical disability  <b>Connections to OO5:</b> Intersectionality, Disability history</p> <p>Poetry. African American Studies. Music. Disability Studies. BLACK KRIPPLE DELIVERS POETRY &amp; LYRICS is straight up an activist/love book of original poems and song lyrics that have been written and collected for almost two decades. Many poems in this book were first published in 1999 in a chapbook by Poor Magazine's Poor Press. Most of the poems and lyrics touch on issues that Black disabled people deal with but only get a little media attention. In this book you will find true stories of discrimination, cases of police brutality, love songs for the Black disabled community and for the author's family.</p>

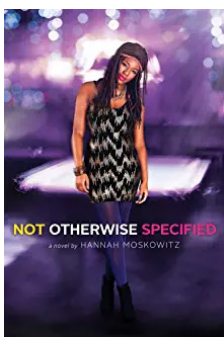
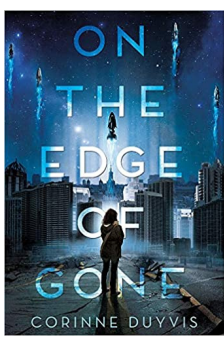
<p><i>Blind Spot</i></p> <p>Laura Ellen* (2012)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Blindness  <b>Connections to OO5:</b> Intro to disability, Allyship/Solidarity</p> <p>Seventeen-year-old Tricia Farni's body floated to the surface of Alaska's Birch River six months after the night she disappeared. The night Roz Hart had a fight with her. The night Roz can't remember. Roz, who struggles with macular degeneration, is used to assembling fragments to make sense of the world around her. But this time it's her memory that needs piecing together—to clear her name . . . to find a murderer. This unflinchingly emotional novel is written in the powerful first-person voice of a legally blind teen who just wants to be like everyone else.</p>
<p><i>Cosmic Callisto Caprica &amp; The Missing Rings Of Saturn</i></p> <p>Sophia Chester* (2016)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Physical disability  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>On the night of her high school graduation, an aspiring space detective, Cosmic Callisto Caprica, Cosmo to her friends, received an incredible gift from a well-respected senator - a trip on board the Titan, a luxury spaceship. Cosmo is incredibly excited to meet the beautiful yet controversial Martian Princess Rhea, one of Cosmo's heroes, and see the priceless Rings of Saturn on display in a jewelry showcase. Cosmo and her childhood Martian nanny, Wendy, set off in the senator's spacecraft for what should be the journey of a lifetime. But things go horribly wrong. Rampant discrimination. The disappearance of Wendy, along with nearly all the other Martian women on the Titan. And the theft of the Rings of Saturn all result in a mystery of historical proportions.</p>
<p><i>Cursed</i></p> <p>Karol Ruth Silverstein* (2019)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Chronic illness  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>As if her parents' divorce and sister's departure for college weren't bad enough, fourteen-year-old Ricky Bloom has just been diagnosed with a life-changing chronic illness. Her days consist of cursing everyone out, skipping school--which has become a nightmare--daydreaming about her crush, Julio, and trying to keep her parents from realizing just how bad things are. But she can't keep her ruse up forever. Ricky's afraid, angry, alone, and one suspension away from repeating ninth grade when she realizes: she can't be held back. She'll do whatever it takes to move forward--even if it means changing the person she's become. Lured out of her funk by a quirky classmate, Oliver, who's been there too, Ricky's porcupine exterior begins to shed some spines. Maybe asking for help isn't the worst thing in the world. Maybe accepting circumstances doesn't mean giving up.</p>



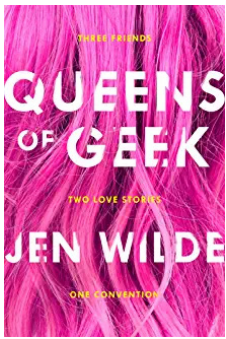
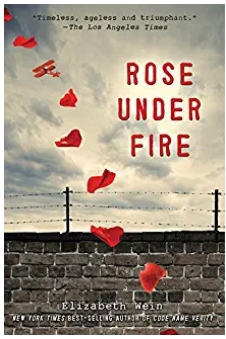
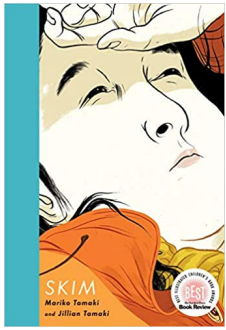
<p><i>(Don't) Call Me Crazy</i></p> <p>Kelly Jensen* (2018)</p>		<p><b>Book Type:</b> Anthology  <b>Disability:</b> Mental illness  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>What does it mean to be crazy? Is using the word crazy offensive? What happens when a label like that gets attached to your everyday experiences? To understand mental health, we need to talk openly about it. Because there's no single definition of crazy, there's no single experience that embodies it, and the word itself means different things—wild? extreme? disturbed? passionate?—to different people. In <i>(Don't) Call Me Crazy</i>, thirty-three actors, athletes, writers, and artists offer essays, lists, comics, and illustrations that explore a wide range of topics: their personal experiences with mental illness, how we do and don't talk about mental health, help for better understanding how every person's brain is wired differently, and what, exactly, might make someone crazy. If you've ever struggled with your mental health, or know someone who has, come on in, turn the pages . . . and let's get talking.</p>
<p><i>Don't Touch</i></p> <p>Rachel M. Wilson* (2014)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> OCD  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>Caddie has a history of magical thinking—of playing games in her head to cope with her surroundings—but it's never been this bad before. When her parents split up, Don't touch becomes Caddie's mantra. Maybe if she keeps from touching another person's skin, Dad will come home. She knows it doesn't make sense, but her games have never been logical. Soon, despite Alabama's humidity, she's covering every inch of her skin and wearing evening gloves to school. And that's where things get tricky. Even though Caddie's the new girl, it's hard to pass off her compulsions as artistic quirks. Friends notice things. Her drama class is all about interacting with her scene partners, especially Peter, who's auditioning for the role of Hamlet. Caddie desperately wants to play Ophelia, but if she does, she'll have to touch Peter . . . and kiss him. Part of Caddie would love nothing more than to kiss Peter—but the other part isn't sure she's brave enough to let herself fall.</p>

<p><i>Fall Down 7 Times Get Up 8: A Young Man's Voice from the Silence of Autism</i></p> <p>Naoki Higashida* (2019)</p>		<p><b>Book Type:</b> Memoir  <b>Disability:</b> Autism  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Naoki Higashida was only thirteen when he wrote <i>The Reason I Jump</i>, a revelatory account of Autism from the inside by a nonverbal Japanese child, which became an international success. Now, in <i>Fall Down 7 Times Get Up 8</i>, he shares his thoughts and experiences as a young man living each day with severe Autism. In short, powerful chapters, Higashida explores school memories, family relationships, the exhilaration of travel, and the difficulties of speech. He also allows readers to experience profound moments we take for granted, like the thought-steps necessary for him to register that it's raining outside. Acutely aware of how strange his behavior can appear to others, he aims throughout to foster a better understanding of autism and to encourage society to see people with disabilities as people, not as problems.</p>
<p><i>Front of the Class: How Tourette Syndrome Made Me the Teacher I Never Had</i></p> <p>Brad Cohen* and Lisa Wysocky (2008)</p>		<p><b>Book Type:</b> Memoir  <b>Disability:</b> Tourette Syndrome  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>As a child with Tourette syndrome, Brad Cohen was ridiculed, beaten, mocked, and shunned. Children, teachers, and even family members found it difficult to be around him. But Brad Cohen's story is not one of self-pity. His unwavering determination and fiercely positive attitude conquered the difficulties he faced in school, in college, and while job hunting. Brad never stopped striving, and after twenty-four interviews, he landed his dream job: teaching grade school and nurturing all of his students as a positive, encouraging role model.</p>
<p><i>Girls Like Us</i></p> <p>Gail Giles (2015)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Intellectual disability  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>Quincy and Biddy are both graduates of their high school's special ed program, but they couldn't be more different. When they're thrown together as roommates in their first "real world" apartment, it initially seems to be an uneasy fit. But as Biddy's past resurfaces and Quincy faces a harrowing experience that no one should have to go through alone, the two of them realize that they might have more in common than they thought — and more importantly, that they might be able to help each other move forward.</p>

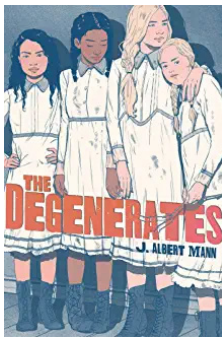

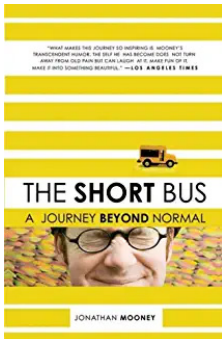
<p><i>Haben: The Deafblind Woman Who Conquered Harvard Law</i></p> <p>Haben Girma* (2019)</p>		<p><b>Book Type:</b> Memoir  <b>Disability:</b> Deafblindness  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Haben grew up spending summers with her family in the enchanting Eritrean city of Asmara. There, she discovered courage as she faced off against a bull she couldn't see, and found in herself an abiding strength as she absorbed her parents' harrowing experiences during Eritrea's thirty-year war with Ethiopia. Their refugee story inspired her to embark on a quest for knowledge, traveling the world in search of the secret to belonging. She explored numerous fascinating places, including Mali, where she helped build a school under the scorching Saharan sun. Her many adventures over the years range from the hair-raising to the hilarious. Haben defines disability as an opportunity for innovation. She learned non-visual techniques for everything from dancing salsa to handling an electric saw. She developed a text-to-braille communication system that created an exciting new way to connect with people. Haben pioneered her way through obstacles, graduated from Harvard Law, and now uses her talents to advocate for people with disabilities.</p>
<p><i>Have Dog Will Travel: A Poet's Journey</i></p> <p>Stephen Kuusisto* (2019)</p>		<p><b>Book Type:</b> Memoir  <b>Disability:</b> Blindness  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Stephen Kuusisto was born legally blind—but he was also raised in the 1950s and taught to deny his blindness in order to "pass" as sighted. Stephen attended public school, rode a bike, and read books pressed right up against his nose. As an adult, he coped with his limited vision by becoming a professor in a small college town, memorizing routes for all of the places he needed to be. Then, at the age of 38, he was laid off. With no other job opportunities in his vicinity, he would have to travel to find work. This is how he found himself at Guiding Eyes paired with a Labrador named Corky. In this vivid and lyrical memoir, Stephen Kuusisto recounts how an incredible partnership with a guide dog changed his life and the heart-stopping, wondrous adventure that began for him in midlife. Profound and deeply moving, this is a spiritual journey, the story of discovering that life with a guide dog is both a method and a state of mind.</p>

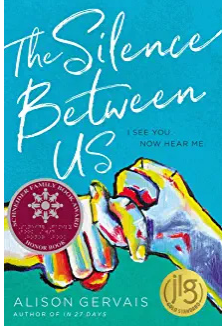
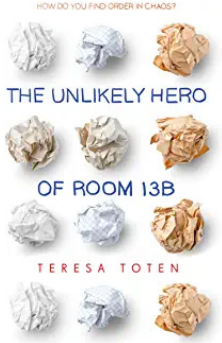

<p><i>History is All You Left Me</i></p> <p>Adam Silvera (2018)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> OCD  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>When Griffin's first love and ex-boyfriend, Theo, dies in a drowning accident, his universe implodes. Even though Theo had moved to California for college and started seeing Jackson, Griffin never doubted Theo would come back to him when the time was right. But now, the future he's been imagining for himself has gone far off course. To make things worse, the only person who truly understands his heartache is Jackson. But no matter how much they open up to each other, Griffin's downward spiral continues. He's losing himself in his obsessive compulsions and destructive choices, and the secrets he's been keeping are tearing him apart.</p>
<p><i>Not Otherwise Specified</i></p> <p>Hannah Moskowitz* (2015)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Eating disorder  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Etta is tired of dealing with all of the labels and categories that seem so important to everyone else in her small Nebraska hometown. Everywhere she turns, someone feels she's too fringe for the fringe. Not gay enough for the Dykes, her ex-clique, thanks to a recent relationship with a boy; not tiny and white enough for ballet, her first passion; not sick enough to look anorexic (partially thanks to recovery). Etta doesn't fit anywhere—until she meets Bianca, the straight, white, Christian, and seriously sick girl in Etta's therapy group. Both girls are auditioning for Brentwood, a prestigious New York theater academy that is so not Nebraska. Bianca might be Etta's salvation...but can Etta be saved by a girl who needs saving herself?</p>
<p><i>On the Edge of Gone</i></p> <p>Corinne Duyvis* (2016)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Autism  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>January 29, 2035. That's the day the comet is scheduled to hit—the big one. Denise and her mother and sister, Iris, have been assigned to a temporary shelter outside their hometown of Amsterdam to wait out the blast, but Iris is nowhere to be found, and at the rate Denise's drug-addicted mother is going, they'll never reach the shelter in time. A last-minute meeting leads them to something better than a temporary shelter—a generation ship, scheduled to leave Earth behind to colonize new worlds after the comet hits. But everyone on the ship has been chosen because of their usefulness. Denise is Autistic and fears that she'll never be allowed to stay. Can she obtain a spot before the ship takes flight? What about her mother and sister? When the future of the human race is at stake, whose lives matter most?</p>

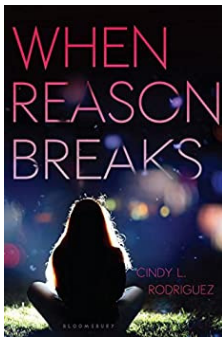
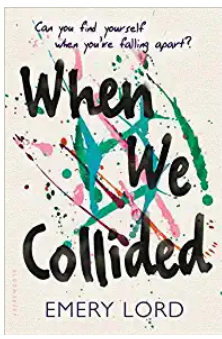
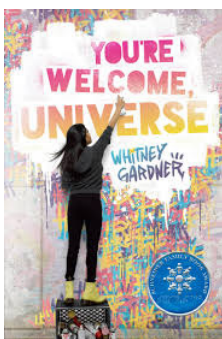


<p><i>Queens of Geek</i></p> <p>Jen Wilde* (2017)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Autism  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>Charlie likes to stand out. She's a vlogger and actress promoting her first movie at SupaCon, and this is her chance to show fans she's over her public breakup with co-star Reese Ryan. When internet-famous cool-girl actress Alyssa Huntington arrives as a surprise guest, it seems Charlie's long-time crush on her isn't as one-sided as she thought. Taylor likes to blend in. Her brain is wired differently, making her fear change. And there's one thing in her life she knows will never change: her friendship with her best guy friend Jamie—no matter how much she may secretly want it to. But when she hears about a fan contest for her favorite fandom, she starts to rethink her rules on playing it safe.</p>
<p><i>Rose Under Fire</i></p> <p>Elizabeth Wein (2014)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Physical disability  <b>Connections to OO5:</b> Intro to Disability, Disability History in USA, Allyship/Solidarity</p> <p>While flying an Allied fighter plane from Paris to England, American ATA pilot and amateur poet, Rose Justice, is captured by the Nazis and sent to Ravensbrück, the notorious women's concentration camp. Trapped in horrific circumstances, Rose finds hope in the impossible through the loyalty, bravery and friendship of her fellow prisoners.</p>
<p><i>Skim</i></p> <p>Mariko and Jillian Tamaki (2010)</p>		<p><b>Book Type:</b> Graphic novel  <b>Disability:</b> Depression  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>"Skim" is Kimberly Keiko Cameron, a not-slim, would-be Wiccan goth who goes to a private girls' school in the early '90s. When her classmate Katie Matthews is dumped by her boyfriend, who then dies by suicide — the entire school goes into mourning overdrive. Suicide, depression, love, homosexuality, crushes, cliques of popular, manipulative peers — the whole gamut of teen life is explored in this poignant glimpse into the heartache of being 16.</p>

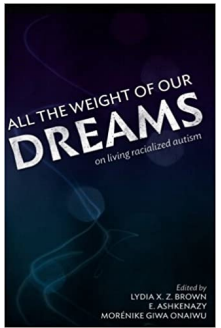
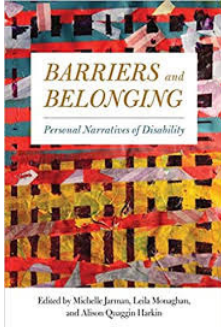


<p><i>The Degenerates</i></p> <p>J. Albert Mann* (2020)</p>		<p><b>Book Type:</b> Historical Fiction  <b>Disability:</b> Multiple Disabilities  <b>Connections to OO5:</b> Intro to Disability, Disability History in USA, Allyship/Solidarity</p> <p>The Massachusetts School for the Feeble-Minded is not a happy place. The young women who are already there certainly don't think so. Not Maxine, who is doing everything she can to protect her younger sister Rose in an institution where vicious attendants and bullying older girls treat them as the morons, imbeciles, and idiots the doctors have deemed them to be. Not Alice, either, who was left there when her brother couldn't bring himself to support a sister with a club foot. And not London, who has just been dragged there from the best foster situation she's ever had, thanks to one unexpected, life-altering moment. Each girl is determined to change her fate, no matter what it takes.</p>
<p><i>The Pretty One</i></p> <p>Keah Brown* (2019)</p>		<p><b>Book Type:</b> Memoir  <b>Disability:</b> Cerebral palsy  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>In <i>The Pretty One</i>, Brown gives a contemporary and relatable voice to the disabled—so often portrayed as mute, weak, or isolated. With clear, fresh, and light-hearted prose, these essays explore everything from her relationship with her able-bodied identical twin (called “the pretty one” by friends) to navigating romance; her deep affinity for all things pop culture—and her disappointment with the media’s distorted view of disability; and her declaration of self-love with the viral hashtag #DisabledAndCute.</p>
<p><i>The Short Bus: A Journey Beyond Normal</i></p> <p>Jonathan Mooney* (2008)</p>		<p><b>Book Type:</b> Memoir  <b>Disability:</b> Learning disability  <b>Connections to OO5:</b> Intro to Disability</p> <p>Labeled “dyslexic and profoundly learning disabled,” Jonathan Mooney was a short-bus rider—a derogatory term used for kids in special education. To learn how others had moved beyond labels, he bought his own short bus and set out cross-country, looking for kids who had dreamed up magical, beautiful ways to overcome the obstacles that separated them from the so-called normal world.</p>

<p><i>The Silence Between Us</i></p> <p>Alison Gervais* (2019)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Deafness  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>Deaf teen Maya moves across the country and must attend a hearing school for the first time. As if that wasn't hard enough, she also has to adjust to the hearing culture, which she finds frustrating—and also surprising when some classmates, including Beau Watson, take time to learn ASL. As Maya looks past graduation and focuses on her future dreams, nothing, not even an unexpected romance, will not derail her pursuits. But when people in her life—Deaf and hearing alike—ask her to question parts of her Deaf identity, Maya stands proudly, never giving in to the idea that her Deafness is a disadvantage.</p>
<p><i>The Unlikely Hero of Room 13B</i></p> <p>Teresa Toten (2018)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> OCD  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>Hazel and Augustus meet in a group setting for those affected by obsessive compulsive disorder (OCD). Each group member takes on a superhero persona for sessions at the urging of their psychologist. Through Adam, Toten examines what it means to have OCD. Adam also deals with the usual teenage problems of love, friendships, school, and divorced parents.</p>
<p><i>Two Girls Staring at the Ceiling</i></p> <p>Lucy Frank* (2014)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Crohn's disease  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p>

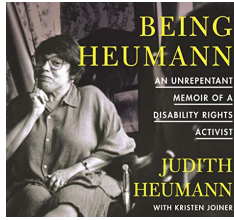
<p><i>When Reason Breaks</i></p> <p>Cindy L. Rodriguez* (2015)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Depression  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>A Goth girl with an attitude problem, Elizabeth Davis must learn to control her anger before it destroys her. Emily Delgado appears to be a smart, sweet girl, with a normal life, but as depression clutches at her, she struggles to feel normal. Both girls are in Ms. Diaz's English class, where they connect to the words of Emily Dickinson. Both are hovering on the edge of an emotional precipice. One of them will attempt suicide. And with Dickinson's poetry as their guide, both girls must conquer their personal demons to ever be happy. In an emotionally taut novel with a richly diverse cast of characters, readers will relish in the poetry of Emily Dickinson and be completely swept up in the turmoil of two girls grappling with demons beyond their control.</p>
<p><i>When We Collided</i></p> <p>Emery Lord* (2017)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Mental illness  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>17 year-old Jonah Daniels has lived in Verona Cove, California, his whole life, and only one thing has ever changed: his father used to be alive, and now he is not. With a mother lost in a deep bout of depression, Jonah and his five siblings struggle to keep up their home and the restaurant their dad left behind. But at the start of summer, Vivi Alexander, the new girl in town arrives.</p>
<p><i>You're Welcome, Universe</i></p> <p>Whitney Gardner (2017)</p>		<p><b>Book Type:</b> YA Fiction  <b>Disability:</b> Deafness  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>Julia is an artist; her medium graffiti. She thrives on the thrill of creating and the risk of getting caught. When she is expelled from her school for the Deaf, Julia seeks to find balance between feeling invisible and her desire to be seen. Her friendship with "hearie" YP unexpectedly enhances her life and art.</p>

# Teacher Learning

<b>Title Author (Year)</b>	<b>Cover</b>	<b>Summary and Connections</b>
<p><i>All the Weight of Our Dreams: On Living Racialized Autism</i></p> <p>Lydia X.Z. Brown*, E. Ashkenazy* and Morénike Giwa Onaiwu* (2017)</p>		<p><b>Book Type:</b> Anthology  <b>Disability:</b> Autism  <b>Connections to OO5:</b> Intersectionality</p> <p>Delve into poetry, essays, short fiction, photography, paintings, and drawings in the first-ever anthology entirely by autistic people of color, featuring 61 writers and artists from seven countries. The work here represents the lives, politics, and artistic expressions of Black, Brown, Latinx, Indigenous, Mixed-Race, and other racialized and people of color from many autistic communities, often speaking out sharply on issues of marginality, intersectionality, and liberation.</p>
<p><i>Barriers and Belonging: Personal Narratives of Disability</i></p> <p>Michelle Jarman*, Leila Monaghan* and Alison Quaggin Harkin* (2017)</p>		<p><b>Book Type:</b> Anthology  <b>Disability:</b> Multiple disabilities  <b>Connections to OO5:</b> Intersectionality, Disability history</p> <p>What is the direct impact that disability studies has on the lives of disabled people today? The editors and contributors to this essential anthology, <i>Barriers and Belonging</i>, provide thirty-seven personal narratives that explore what it means to be disabled and why the field of disability studies matters. The editors frame the volume by introducing foundational themes of disability studies. They provide a context of how institutions—including the family, schools, government, and disability peer organizations—shape and transform ideas about disability. They explore how disability informs personal identity, interpersonal and community relationships, and political commitments. In addition, there are heartfelt reflections on living with mobility disabilities, blindness, Deafness, pain, Autism, psychological disabilities, and other issues. Other essays articulate activist and pride orientations toward disability, demonstrating the importance of reframing traditional narratives of sorrow and medicalization. The critical, self-reflective essays in <i>Barriers and Belonging</i> provide unique insights into the range and complexity of disability experience.</p>

*Being Heumann:  
An Unrepentant  
Memoir of a  
Disability Rights  
Activist*

Judith  
Heumann\* and  
Kristen Joiner  
(2020)



**Book Type:** Memoir

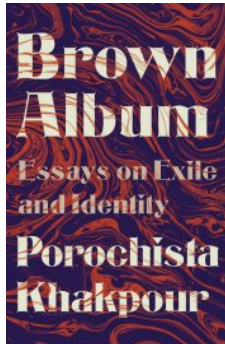
**Disability:** Physical disability

**Connections to OO5:** Intro to disability, Disability history, Allyship/Solidarity

Paralyzed from polio at eighteen months, Judy's struggle for equality began early in life. From fighting to attend grade school after being described as a "fire hazard" to later winning a lawsuit against the New York City school system for denying her a teacher's license because of her paralysis, Judy's actions set a precedent that fundamentally improved rights for disabled people. As a young woman, Judy rolled her wheelchair through the doors of the US Department of Health, Education, and Welfare in San Francisco as a leader of the Section 504 Sit-In, the longest takeover of a governmental building in US history. Working with a community of over 150 disabled activists and allies, Judy successfully pressured the Carter administration to implement protections for disabled peoples' rights, sparking a national movement and leading to the creation of the Americans with Disabilities Act.

*Brown Album:  
Essays on Exile  
and Identity*

Porochista  
Khakpour\*  
(2020)



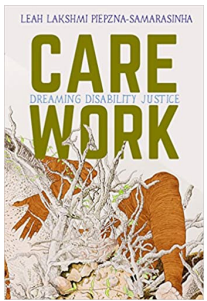
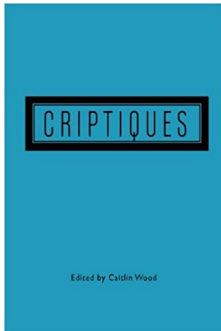
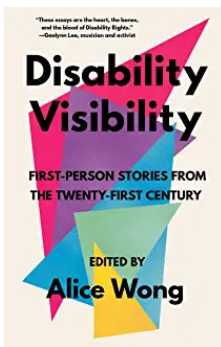
**Book Type:** Essay collection

**Disability:** Chronic illness

**Connections to OO5:** Intersectionality

Novelist Porochista Khakpour's family moved to Los Angeles after fleeing the Iranian Revolution, giving up their successes only to be greeted by an alienating culture. Growing up as an immigrant in America means that one has to make one's way through a confusing tangle of conflicting cultures and expectations. Porochista is pulled between the glitzy culture of Tehrangeles, an enclave of wealthy Iranians and Persians in LA, her own family's modest life and culture, and becoming an assimilated American. Porochista rebels--she bleaches her hair and flees to the East Coast, where she finds her community: other people writing and thinking at the fringes. But, 9/11 happens and with horror, Porochista watches from her apartment window as the towers fall. Extremism and fear of the Middle East rises in the aftermath and then again with the election of Donald Trump. Porochista is forced to finally grapple with what it means to be Middle-Eastern and Iranian, an immigrant, and a refugee in our country today.



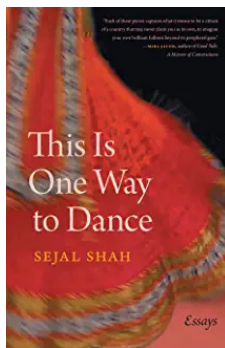
<p><i>Care Work: Dreaming Disability Justice</i></p> <p>Leah Lakshmi Piepzna-Samarasinha* (2018)</p>		<p><b>Book Type:</b> Essay collection  <b>Disability:</b> Multiple disabilities  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Disability History, Allyship/Solidarity</p> <p>In this collection of essays, Lambda Literary Award–winning writer and longtime activist and performance artist Leah Lakshmi Piepzna-Samarasinha explores the politics and realities of disability justice, a movement that centers the lives and leadership of sick and disabled queer, trans, Black, and brown people, with knowledge and gifts for all.</p>
<p><i>Criptiques</i></p> <p>Caitlin Wood* (2014)</p>		<p><b>Book Type:</b> Essay collection  <b>Disability:</b> Multiple disabilities  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Disability History, Allyship/Solidarity</p> <p>Criptiques is a groundbreaking collection of essays by disabled authors examining the often overlooked, provocative sides of disability. Exploring themes of gender, sexuality, disability/crip culture, identity, ableism and much more, this important anthology provides much needed space for thought-provoking discourse from a highly diverse group of writers. Criptiques takes a cue from the disability rights slogan "Nothing About Us Without Us," illuminating disability experiences from those with firsthand knowledge. Criptiques is for people invested in crip culture, the ones just discovering it, and those completely unfamiliar with the term.</p>
<p><i>Disability Visibility: First-Person Stories from the Twenty-First Century</i></p> <p>Alice Wong* (2020)</p>		<p><b>Book Type:</b> Anthology  <b>Disability:</b> Multiple disabilities  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>One in five people in the United States lives with a disability. Some disabilities are visible, others less apparent—but all are underrepresented in media and popular culture. Now, just in time for the thirtieth anniversary of the Americans with Disabilities Act, activist Alice Wong brings together this urgent, galvanizing collection of contemporary essays by disabled people. From Harriet McBryde Johnson's account of her debate with Peter Singer over her own personhood to original pieces by authors like Keah Brown and Haben Girma; from blog posts, manifestos, and eulogies to Congressional testimonies, and beyond: this anthology gives a glimpse into the rich complexity of the disabled experience, highlighting the passions, talents, and everyday lives of this community. It invites readers to question their own understandings. It celebrates and documents disability culture in the now. It looks to the future and the past with hope and love.</p>

<p><i>More Than Organs</i></p> <p>Kay Ulanday Barrett* (2020)</p>		<p><b>Book Type:</b> Poetry  <b>Disability:</b> Multiple Disabilities  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>A love letter to Brown, Queer, and Trans futures, Kay Ulanday Barrett's <i>More Than Organs</i> questions "whatever wholeness means" for bodies always in transit, for the safeties and dangers they silo. These poems remix people of color as earthbenders, replay "the choreography of loss" after the 2015 Pulse shooting, and till joy from the cosmic sweetness of a family's culinary history. Barrett works "to build / a shelter // of / everyone / [they] meet," from aunties to the legendary Princess Urduja to their favorite air sign. <i>More Than Organs</i> tattoos grief across the knuckles of its left hand and love across the knuckles of its right, leaving the reader physically changed by the intensity of experience, longing, strength, desire, and the need, above all else, to survive.</p>
<p><i>My Body is a Book of Rules</i></p> <p>Elissa Washuta (2014)</p>		<p><b>Book Type:</b> Memoir  <b>Disability:</b> Mental illness  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>As Elissa Washuta makes the transition from college kid to independent adult, she finds herself overwhelmed by the calamities piling up in her brain. When her mood-stabilizing medications aren't threatening her life, they're shoving her from depression to mania and back in the space of an hour. Her crisis of American Indian identity bleeds into other areas of self-doubt; mental illness, sexual trauma, ethnic identity, and independence become intertwined. Sifting through the scraps of her past in seventeen formally inventive chapters, Washuta aligns the strictures of her Catholic school education with Cosmopolitan's mandates for womanhood, views memories through the distorting lens of Law &amp; Order: Special Victims Unit, and contrasts her bipolar highs and lows with those of Britney Spears and Kurt Cobain. Built on the bones of fundamental identity questions as contorted by a distressed brain, <i>My Body Is a Book of Rules</i> pulls no punches in its self-deprecating and ferocious look at human fallibility.</p>

<p><i>Resistance and Hope: Essays by Disabled People</i></p> <p>Alice Wong* (2017)</p>		<p><b>Book Type:</b> Anthology  <b>Disability:</b> Multiple Disabilities  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>How do we fight back in an era of uncertainty, institutionalized cruelty, and widespread tolerance for ableism and hate? Written in 2017, the authors explore resistance, hope, self care, disability rights and justice, and the politics of Trump in a series of provocative, challenging essays. They bring the power of intersectional cross-platform organizing and the strength found through mutual accountability to words that will help you define the resistance you want to fight for, not just the harm you want to react against.</p>
<p><i>So Lucky</i></p> <p>Nicola Griffith* (2018)</p>		<p><b>Book Type:</b> Fiction  <b>Disability:</b> Multiple sclerosis  <b>Connections to OO5:</b> Intro to Disability, Intersectionality, Allyship/Solidarity</p> <p>So Lucky is the sharp, surprising new novel by Nicola Griffith—the profoundly personal and emphatically political story of a confident woman forced to confront an unnerving new reality when in the space of a single week her wife leaves her and she is diagnosed with multiple sclerosis. Mara Tagarelli is, professionally, the head of a multimillion-dollar AIDS foundation; personally, she is a committed martial artist. But her life has turned inside out like a sock. She can't rely on family, her body is letting her down, and friends and colleagues are turning away—they treat her like a victim. She needs to break that narrative: build her own community, learn new strengths, and fight. But what do you do when you find out that the story you've been told, the story you've told yourself, is not true? How can you fight if you can't trust your body? Who can you rely on if those around you don't have your best interests at heart, and the systems designed to help do more harm than good? Mara makes a decision and acts, but her actions unleash monsters aimed squarely at the heart of her new community.</p>
<p><i>Thinking in Pictures: My Life with Autism</i></p> <p>Temple Grandin (2006)</p>		<p><b>Book Type:</b> Memoir  <b>Disability:</b> Autism  <b>Connections to OO5:</b> Intro to Disability, Allyship/Solidarity</p> <p>Grandin delivers a report from the country of Autism. Writing from the dual perspectives of a scientist and an Autistic person, she tells us how that country is experienced by its inhabitants and how she managed to breach its boundaries to function in the outside world. What emerges in Thinking in Pictures is the document of an extraordinary human being, one who, in gracefully and lucidly bridging the gulf between her condition and our own, sheds light on the riddle of our common identity.</p>

*This is One Way to Dance*

Sejal Shah\*  
(2020)



**Book Type:** Essay collection

**Disability:** Bipolar disorder

**Connections to OO5:** Intro to Disability, Intersectionality, Allyship/Solidarity

In the linked essays that make up her debut collection, *This Is One Way to Dance*, Sejal Shah explores culture, language, family, and place. Throughout the collection, Shah reflects on what it means to make oneself visible and legible through writing in a country that struggles with race and maps her identity as an American, South Asian American, writer of color, and feminist. *This Is One Way to Dance* draws on Shah's ongoing interests in ethnicity and place: the geographic and cultural distances between people, both real and imagined. Her memoir in essays emerges as Shah wrestles with her experiences growing up and living in western New York, an area of stark racial and economic segregation, as the daughter of Gujarati immigrants from India and Kenya. These essays also trace her movement over twenty years from student to teacher and meditate on her travels and life in New England, New York City, and the Midwest, as she considers what it means to be of a place or from a place, to be foreign or familiar.

*This War Within My Mind*

John Poehler\*  
(2020)



**Book Type:** Memoir

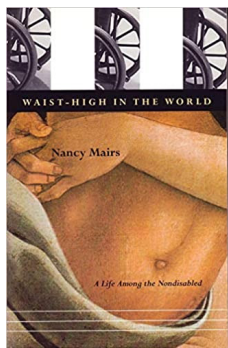
**Disability:** Bipolar disorder

**Connections to OO5:** Intro to Disability, Allyship/Solidarity

Without proper treatment, bipolar disorder is a debilitating mental illness that wreaks havoc on everything it touches. Chaos and unpredictability are words that precisely describe bipolar disorder. *This War Within My Mind* is a game plan that will change the way you view bipolar disorder. It starts with simply changing the way you see yourself. You are a warrior. A bipolar warrior. It is within you to take back control of your life and your illness. As a warrior, it is imperative that you train both your mind and body. If you want to manage your bipolar disorder, you need to fight it on a daily basis with the right tools and support. John Poehler is an expert in managing his own personal bipolar disorder. He hopes his ideas, suggestions, and thoughts will offer you guidance and support. Stop merely surviving and start thriving along your own journey.

*Waist High in the World*

Nancy Mairs\*  
(1997)



**Book Type:** Memoir

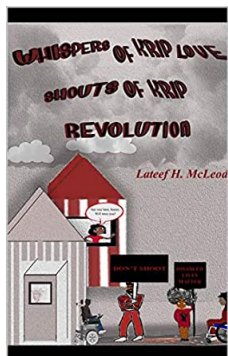
**Disability:** Multiple Sclerosis

**Connections to OO5:** Intro to Disability, Allyship/Solidarity

In *Waist-High in the World*, Mairs explores in her inimitable voice the subject that has always been in the background of her writing, but which she takes on here for the first time at book-length - disability and the way it shapes a life. The result is a brave and beautiful book that will open new worlds for readers. It begins with a disavowal ("I cannot begin to write this book....I don't want to think about my crippled life") and ends with a declaration of hope ("I choose joy"). In between, Mairs gives us a brilliant portrait of an issue and experience too rarely portrayed and talked about. She begins with subjects close to home: the personal history of her disease, the intimate realities of the body, the moral economy of care and caregiving, life with her husband and children. The second half of the book covers topics that look outward: women with disabilities, obstacles physical and social, the ethics of selective abortion and euthanasia, the joys and troubles of travel, and more.

*Whispers of Krip Love Shouts of Krip Revolution*

Lateef H McLeod\*  
(2020)



**Book Type:** Poetry

**Disability:** Physical disability

**Connections to OO5:** Intro to Disability, Intersectionality, Allyship/Solidarity

This book captures my in-depth views about my identity as a Black disabled man, about the current status of politics, and my intimate experiences with love and sexuality. I hope my poems will delight, inform, and enlighten my readers.