

OO5 Virtual Learning Opportunities



The One Out of Five Project can easily be modified to fit virtual classroom needs. The following guide includes general and activity specific suggestions. In addition to this guide, all lessons can be found at [bit.ly/One Out of Five](https://bit.ly/One_Out_of_Five). The OO5 lessons also include additional virtual resources at the end of each lesson plan.

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Lesson 1 - Introduction to Disability

General Suggestions

- All of our Lesson Plans, PowerPoints, and Worksheets are available on a Google Drive that you can access at [bit.ly/One Out of Five](https://bit.ly/One_Out_of_Five) to use and share with students
- Many of our lesson plans have additional resources (e.g. websites, blogs, videos, and podcasts) that can enhance online learning

Activity Specific Suggestions

Activity	Virtual Learning Opportunities
Vocabulary	<ul style="list-style-type: none">• Students search for multiple definitions of disability and talk about why the definitions might be different• Watch ASL videos of each vocabulary word and practice on camera with class<ul style="list-style-type: none">◦ From Signing Savvy: disability, Deaf, accessible• Students search for examples of assistive technologies from the Washington Assistive Technology Act Program or National Public Website on Assistive Technology
Guided Practice	<ul style="list-style-type: none">• Watch Student Voice Videos (Spanish CC available on YouTube)<ul style="list-style-type: none">◦ Charlotte (English CC)◦ AJ (English CC)◦ Julian (English CC)◦ Warren(English CC)◦ Anna (English CC)◦ Kenassa (English CC)• Students individually choose a video and then share out a summary of the video and what interested them• Explore videos on Rooted in Rights YouTube page
Independent/ Group Work	<ul style="list-style-type: none">• Post discussion questions in chat or shared discussion platform• Create breakout rooms focused on each student video
Closing	<ul style="list-style-type: none">• Students post exit ticket answers in chat or email

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Lesson 2 - Intersectionality

General Suggestions

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Activity Specific Suggestions

Activity	Virtual Learning Opportunities
Vocabulary	<ul style="list-style-type: none">• Watch intersectionality video• Watch ASL videos of each vocabulary word and practice on camera with class<ul style="list-style-type: none">○ From HandSpeak: intersectionality
Guided Practice	<ul style="list-style-type: none">• Explain and provide an example of the online modification you'll be using for the Intersectionality Gallery walk• Watch Why is Disability Representation So White? #DisabilityTooWhite
Independent/ Group Work	<ul style="list-style-type: none">• Students choose a person from the intersectionality gallery walk and do additional research online and share it with the class• Create breakout rooms based on different categories in intersectionality gallery walk: Youth and Young Adults, Present Day Intersectional Disability Voices, Figures in Black Disability History, Quotes, Intersectional Statistics• Listen to an episode of Disability Visibility Podcast with Alice Wong• Students explore the 10 Principles of Disability Justice from Sins Invalid• Search social media posts for #DisabilityTooWhite and discuss the importance of diverse representation within the disability community
Closing	<ul style="list-style-type: none">• Students post exit ticket answers in chat or email

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Lesson 3 - Disability History in USA

General Suggestions

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Activity Specific Suggestions

Activity	Virtual Learning Opportunities
Vocabulary	<ul style="list-style-type: none">• Watch ASL videos of each vocabulary word and practice on camera with class<ul style="list-style-type: none">◦ From HandSpeak: activist and justice
Guided Practice	<ul style="list-style-type: none">• Watch Why Was It Illegal to be “Ugly”? to introduce the historical context of disability in the US• Create a virtual disability history in the US timeline
Independent/ Group Work	<ul style="list-style-type: none">• Each student chooses an event to research and share with the class• Students research and add events to the virtual disability history timeline• Additional research about cross-movement history• Explore the Disability History Museum, EveryBody: An Artifact History of Disability in America, and Museum of disABILITY History
Closing	<ul style="list-style-type: none">• Students post exit ticket answers in chat or email

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Lesson 4 - Disability History in WA

General Suggestions

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Activity Specific Suggestions

Activity	Virtual Learning Opportunities
Vocabulary	<ul style="list-style-type: none">• Watch ASL videos of each vocabulary word and practice on camera with class<ul style="list-style-type: none">○ From HandSpeak: grassroots, discrimination, source
Guided Practice	<ul style="list-style-type: none">• Explain and provide an example of the online modification you'll be using for this lesson
Independent/ Group Work	<ul style="list-style-type: none">• Each student chooses a primary source to research and share with the class• Students explore History of Disability Rights Washington History and History of the Arc of Washington• Students search to find different states that still have discriminatory wages. Try searching "Goodwill" on the page. Discuss the implications of 14(c) on the workforce. U.S. Department of Labor Section 14(c) Certificate Holders• Explore local disability rights, justice, and storytelling with Rooted in Rights
Closing	<ul style="list-style-type: none">• Students post exit ticket answers in chat or email

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Lesson 5 - Allyship and Solidarity

General Suggestions

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Activity Specific Suggestions

Activity	Virtual Learning Opportunities
Vocabulary	<ul style="list-style-type: none">• Watch ASL videos of each vocabulary word and practice on camera with class<ul style="list-style-type: none">◦ From SigningSavvy and HandSpeak: “ally,” “inclusion,” “solidarity,” and “ableism.”
Guided Practice	<ul style="list-style-type: none">• Students find pictures of physical spaces that are accessible and inaccessible and present why they chose the picture• Students explore and take pictures of spaces in their homes that are accessible and inaccessible• Demonstration of how to make online and social media content accessible (e.g. alt text, audio description)
Independent/ Group Work	<ul style="list-style-type: none">• Create a comic as a classroom using the Whiteboard feature on your virtual platform or by drawing in the document using a stylus<ul style="list-style-type: none">◦ Student participate by choosing character, writing text in chat, and voicing their opinions• Students engage in Internet scavenger hunt on How to be a Better Ally to People with Disabilities: A Resource Roundup going through the different articles and first person accounts relating to allyship• Explore Ableist Words and Terms to Avoid and create a list as a class of replacement words, using the post as a model• Explore Rooted in Rights’ website to find examples of advocacy, allyship, and solidarity• Create accessible online and social media content
Closing	<ul style="list-style-type: none">• Students post exit ticket answers in chat or email